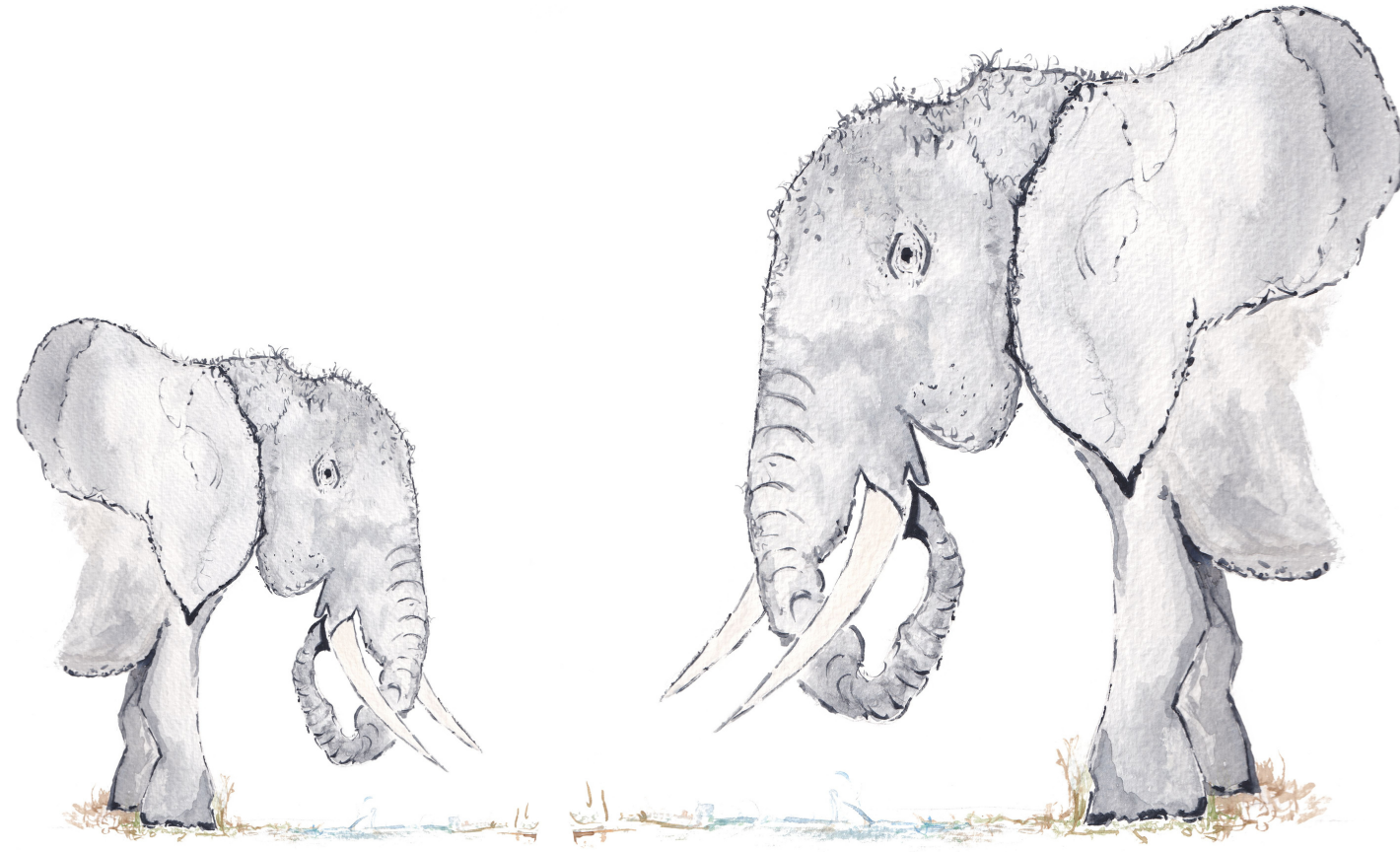


A FREE PRINTABLE RESOURCE...



MY EMOTIONS ACTIVITY BOOK

Thoughtful and calming, it encourages children to talk about their feelings.

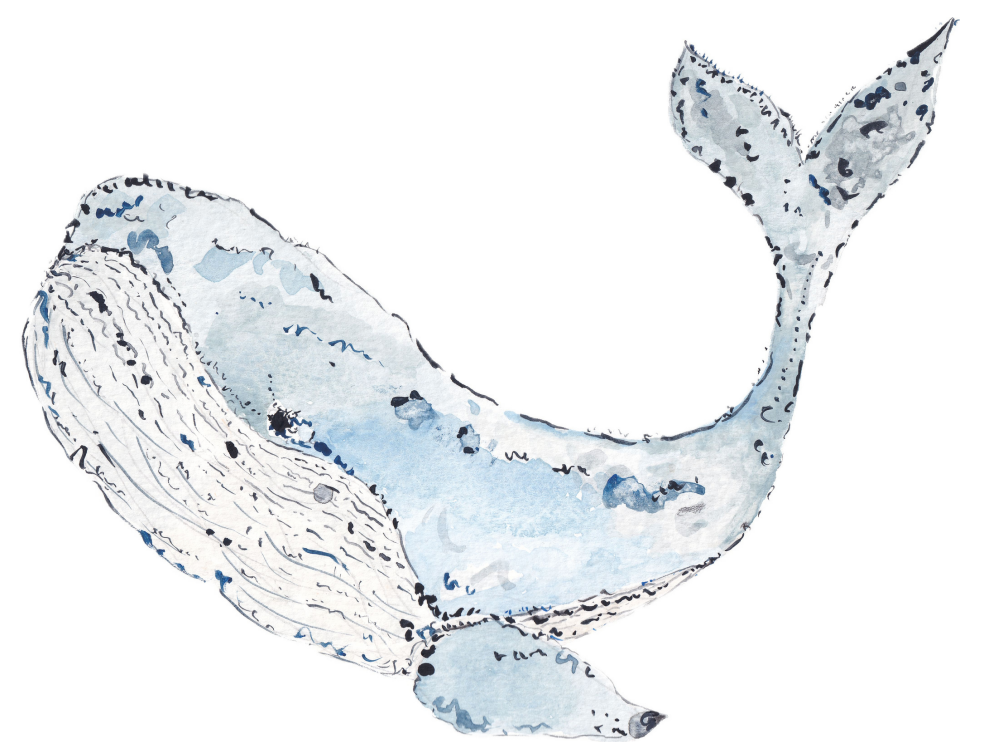
To be enjoyed in lessons or by parents, caregivers, teaching assistants or child and family support workers on a one-to-one basis.

Download your free PDF copy of 'My Emotions Activity Book'.

www.myemotionsactivitybook.com



Milana and Mia the penguins



Arya the blue whale

The 11 characters in this book each have their own individual personalities. They are all unique just like humans. Even though we are all different, we all have feelings, no matter how old or young we are.

